


**EDUCATION AUTHORITY ARMAGH OFFICE
CATERING SERVICES**

	Week commencing: 4th January 2018.	Week commencing: 8th January 2018.	Week commencing: 15th January 2018.	Week commencing: 22nd January 2018.	Week commencing: 29th January 2018.
Monday		Savoury mince or grilled bacon & homemade stuffing, peas, cauliflower cheese, mashed potatoes and gravy. Muffin.	Oven baked 100% cod Fish fingers or pasta bolognaise, Peas/sweetcorn, mashed potatoes and gravy. Shortbread biscuit.	Homemade Chicken curry & wholegrain rice or steakburger in a floury bap, peas/sweetcorn, potato wedges/mashed potato. Fruit muffin.	Grilled bacon or chicken fricassee and rice, peas/carrots, mashed potato and gravy. Muffin.
Tuesday		Roast chicken, homemade stuffing, peas/carrots, roast potato & mashed potatoes and gravy. Chocolate mousse.	Roast pork or roast chicken, carrot/parsnip, homemade stuffing, roast potato, mashed potato and gravy. Cookie.	Fish fingers or chicken tortilla wrap (plain,bbq,sweet chilli), mixed salad, chips/mashed potato. Ice cream tub.	Homemade vegetable soup, wheaten bread, steakburger in a floury bap or tuna roll. Flakemeal biscuit.
Wednesday		Oven baked pork sausages or peppered beef & wholegrain rice, peas/sweetcorn, chips/mashed potato. Fruit muffin.	Oven baked chicken nuggets or steak casserole, beans/turnip, mashed potatoes and gravy. Muffin.	Roast chicken or Roast gammon, homemade stuffing, peas/carrots, roast potato, mashed potato and gravy. Fruit cookie.	Roast turkey breast and homemade stuffing, peas/carrots, roast potato and mashed potato & gravy. Jelly tub.
Thursday	Oven baked breaded chicken goujons or steak casserole, beans, broccoli, mashed potatoes and gravy. Flakemeal biscuit.	Roast gammon & pineapple or chicken pasta bake, turnip/carrot, mashed potatoes and gravy. Jelly tub.	Savoury mince or grilled bacon & homemade stuffing, carrots/cabbage, mashed potatoes and gravy. Strawberry mousse.	Oven baked breaded chicken goujons or pork casserole, beans/broccoli, mashed potatoes and gravy. Flakemeal biscuit.	
Friday	Oven baked pork sausages or chicken pasta bake, salad/sweetcorn, chips/mashed potatoes. Strawberry mousse.	Cod bites or steak burger, salad selection/beans, chips/mashed potato. Ice cream wafer/tub.	Margarita pizza slice, bbq chicken drumstick, rice salad, coleslaw, chips/mashed potato. Ice cream tub.	Oven baked pork sausages or pasta with tuna and peas, salad/sweetcorn, chips/mashed potato. Ice cream tub.	

Milk & Water available daily

Fruit and Yoghurt & Bread available daily

Menu subject to deliveries

If a child has an allergy, please contact the Principal/Unit Catering Supervisor

August 2017