

EAT SMART WITH

THE LUNCH BUNCH



WEEK BEGINNING MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

28 August 25 September 23 October 20 November 18 December 22 January	Chicken Nuggets Or Homemade Lasagne Steamed Broccoli & Garden Peas Chipped Potato, Mashed Potato Ice Cream, Chocolate Sauce & Sliced Pears	Spaghetti Bolognese Or Margherita Pizza Sweetcorn & Baked Beans Diced Potatoes, Pasta, Salad Fruit & Rice Pudding	Lunch Bunch Chicken Curry & Naan Bread Or Golden Crumbed Fish Fingers Garden Peas, Rice, Salad, Mashed Potato Rice Krispie Square & Fruit	Roast Turkey, Stuffing & Rich Gravy Or Salmon Fishcake Cauliflower & Baton Carrots Mashed Potato or Oven Roast Potato Fruit Muffin Slab	Steak Burger & Tomato Ketchup Or Fish Fingers Sweetcorn & Salad Or Chipped Potato, Pasta Flakemeal Biscuit & Fruit
4 September 2 October 30 October 27 November 1 January 29 January	Golden Crumbed Fish Fingers Or Mighty Mac 'n' Cheese with Garlic Bread Slice Baked Beans & Broccoli & Coleslaw Mashed Potatoes Arctic Roll with Peaches	Beef Meatballs with Italian Tomato & Basil Sauce Or Margherita Pizza Garden Peas & Salad Oven Baked Potato Wedges, Pasta Shortbread, Custard & Fruit	Lunch Bunch Chicken Curry & Naan Bread Or Bacon Slice Mini Corn on the Cob Steamed Rice, Chipped Potatoes Strawberry Jelly & Fruit	Roast Chicken, Stuffing & Rich Gravy Or Chicken & Tomato Bake Baton Carrots & Tossed Salad Mashed Potato & Roast Potato Jam & Coconut Sponge & Custard	Tasty Pork Sausages with Tomato Ketchup or Gravy Or Chicken Panini & Coleslaw Sweetcorn & Spaghetti Hoops Chipped Pot & Mashed Pot, Salad Melon Wedge
11 September 9 October 6 November 4 December 8 January 5 February	Beef Bolognese with Garlic Bread Or Stuffed Bacon Roll/Bacon Slice Garden Peas & Cabbage Oven Baked Potato Wedges, Spaghetti Chocolate Cake & Custard	Golden Crumbed Fish Fingers Or Sausages Mini Corn on the Cob & Spaghetti Hoops or Coleslaw Chipped Potatoes, Pasta Jelly & Mandarin Oranges	Lunch Bunch Chicken Curry & Naan Bread Or Steak Burger & Gravy Garden Beans & Sweetcorn Mashed Potato, Rice Cornflake Biscuit & Custard	Roast of the Day, Stuffing & Rich Gravy Or Stuffed Chicken Cauliflower Cheese & Baton Carrots Mashed Potato Ice Cream with Water & Fruit	Oven Baked Chicken Nuggets Or Admiral's Ocean Pie Garden Peas & Baked Beans Chipped Potatoes & Baked Potato Homemade Ginger Biscuit & Fruit
18 September 16 October 13 November 11 December 15 January 12 February	Spaghetti Bolognese Or Fish Fingers Baton Carrots & Baked Beans Mashed Potato, Salad Homemade Ginger Biscuit & Custard	Classic Margherita Pizza Or Italian Chicken & Tomato Pasta Bake & Garlic Bread Garden Peas & Coleslaw Chipped Potato, Mashed Potato Strawberry Jelly, Ice Cream & Fruit	Lunch Bunch Chicken Curry & Naan Bread Or Sausages Steamed Broccoli & Sweetcorn Oven Roasted Potato Wedges, Rice Banana Yoghurt Pot	Roast Chicken, Stuffing & Rich Gravy Baton Carrots & Savoy Cabbage Mashed Potato Chocolate Sponge & Custard	Hot Dog Or Chicken Wrap & Sweet Chill Sauce Garden Peas & Spaghetti Hoops Chipped Potato, Mashed Potato Fresh Fruit & Yoghurt

MILK, WATER, BREAD AND FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL