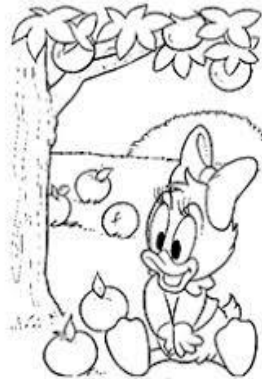


**EDUCATION AUTHORITY ARMAGH OFFICE
(KILLYMAN PRIMARY SCHOOL) CATERING SERVICES**

| | Week Commencing: 2nd March 2020. | Week commencing: 9th March 2020. | Week commencing: 16th March 2020. | Week commencing: 23rd March 2020. | Week commencing: 30th March 2020. |
|------------------|---|--|--|--|---|
| Monday | Oven baked 100% cod Fish fingers or bacon, sides of peas, sweetcorn, mashed potato and chicken gravy. Shortbread biscuit/fruit/yoghurt. | Steakburger or chicken pasta bake, sides of peas, sweetcorn, mashed potatoes and chicken gravy. Fruit cookie/fruit/yoghurt. | Staff Training | Homemade Cream of vegetable soup, (potato, carrot, leek, onion, celery) and boiled potatoes. hot dog or cheese roll. Muffin/yoghurt/fruit. | Fish bites or Chicken a la king (chicken in white sauce with peppers, onion & mushrooms) boiled rice, peas, mashed potatoes and chicken gravy. Cookie/yoghurt/fruit. |
| Tuesday | Chicken gougons or pasta with tuna & peas, sides of mixed vegetables, chips or baked potato. Ice cream tub/fruit/yoghurt. | BBQ chicken tortilla wrap or grilled bacon, sides of peas, carrots, chips or mashed potatoes. Shortbread/fruit/yoghurt. | St. Patrick's Day. | BBQ chicken tortilla wrap or bacon, sides of chips, peas, macaroni cheese, baby boiled potatoes. Flakemeal biscuit/fruit/yoghurt. | Steak burger or BBQ chicken tortilla wrap, sides of peas, beans, mashed potatoes or chunky chips. Jelly tub/yoghurt/fruit. |
| Wednesday | Steak burger or sweet and sour chicken & rice, sides of carrots, peas, mashed potatoes and chicken gravy. Fruit muffin/fruit/yoghurt. | Oven baked sausages or peppered chicken, wholegrain rice, sides of peas, beans, mashed potatoes and chicken gravy. Jelly tub/fruit/yoghurt. | Oven baked chicken nuggets or braised steak in gravy, sides of beans/peas, mashed potatoes and chicken gravy. Fruit cookie/yoghurt/fruit. | Roast chicken breast, homemade stuffing, sides of carrots, broccoli, mashed potatoes, chicken gravy. Raspberry jelly tub/yoghurt/fruit. |  |
| Thursday | Roast chicken, homemade stuffing, sides of peas, carrots, mashed potatoes & roast potatoes, chicken gravy. Chocolate cookie/fruit/yoghurt. | Roast turkey breast, sides of carrots, parsnips, homemade stuffing, mashed potatoes, roast potatoes and chicken gravy. Flakemeal biscuit/yoghurt/fruit. | Roast Chicken, homemade stuffing, sides of savoy cabbage, carrots, mashed potatoes, roasties and chicken gravy. Chocolate muffin/yoghurt/fruit. | Steakburger or Homemade individual pizzas, sides of peas, potato wedges, mashed potatoes and chicken gravy. Fruit cookie/yoghurt/fruit. | |
| Friday | Homemade individual pizzas or cod bites, sides of peas, beans, chips or baby potatoes. Shortbread biscuit/yoghurt/ice cream/fruit. | 100% Cod Fish fingers or Homemade chicken curry & wholegrain rice, sides of tossed salad, peas, chips/mashed potato. Ice cream tub /yoghurt/fruit. | Steakburger or peppered chicken & wholegrain rice, sides of peas, sweetcorn, chips/mashed potatoes. Raspberry jelly/yoghurt/fruit. | Homemade chicken curry and rice or 100% cod fish fingers, sides of peas, beans, chips or baked potato. Ice cream tub/yoghurt/fruit. | |

Milk & Water available daily

Fruit and Yoghurt & Bread available daily

Menu subject to deliveries

If a child has an allergy, please contact the Principal/Unit Catering Supervisor