

Killyman Primary School Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

5th November

Pasta shell bolonaise or oven baked 100% cod fish fingers, sweetcorn, peas, mashed potatoes and gravy.

Homemade pureed vegetable soup and a McDonalds style burger in a hap / grated cheddar cheese roll.

BBQ chicken tortilla wrap or oven baked bacon, beans , peas mashed potatoes and gravy.

Roast chicken, homemade stuffing, peas, carrots, roast potato and mashed potato, gravy.

Thin base homemade pizza or homemade chicken curry and wholegrain rice, peas, chips or baby boiled potatoes.

Shortbread biscuit/ fruit/ yoghurt.

Flakemeal biscuit/ cookie/ fruit /yoghurt.

Chocolate muffin /fruit/yoghurt.

Vanilla cookie/fruit/yoghurt.

Ice cream tub/ fruit/ yoghurt.

Week Two

12th November

Oven baked bacon or chicken & noodles, peas, carrots, mashed potatoes and gravy.

100% cod fish fingers or homemade chicken curry and wholegrain rice or salmon cakes, peas, beans, chips or mashed potatoes.

Roast chicken, homemade stuffing, savory cabbage, carrots, mashed potatoes and gravy.

Steakburger or Chicken pasta bake, peas, carrots, mashed potatoes and gravy,

BBQ chicken tortilla wraps or Homemade pizza, salad selection, chips or baked potato.

Strawberry muffin/ fruit/ yoghurt.

Ice cream tub/ fruit/ yoghurt.

Raspberry jelly/ fruit/ yoghurt.

Chocolate cookie/fruit/yoghurt.

Flakemeal biscuit/shortbread biscuit/fruit/yoghurt.

Week Three

19th November

Chicken Gougons or bbq chicken tortilla wrap, sweetcorn, peas, mashed potatoes and gravy.

Sausages or peppered chicken and wholegrain rice, peas, carrots, chips or mashed potatoes.

Steakburger or chicken drumstick, carrots peas, mashed potatoes and gravy.

Roast turkey breast, homemade stuffing, peas, carrots, roast potatoes, mashed potatoes and gravy.

100% cod Fish fingers or homemade chicken curry and wholegrain rice, peas, beans, chips or mashed potato.

Fruit cookie/fruit/yoghurt.

Jelly tub/fruit/yoghurt.

Chocolate muffin/fruit/yoghurt.

Shortbread biscuit/ fruit/ yoghurt.

Raspberry ripple ice cream tub/fruit/ yoghurt.

Week Four

26th November

100% cod fish fingers or pasta bolonaise, peas, carrots, mashed potatoes and gravy.

Oven baked bacon or homemade pizza, peas, salad selection, chips or baby boiled potatoes.

Chicken nuggets or sweet n sour chicken and wholegrain rice, peas, beans, mashed potatoes and gravy.

Roast chicken and homemade stuffing, peas, carrots, roast potato and mashed potato and gravy.

Steak burger or peppered chicken and wholegrain rice, peas, sweetcorn, chips or baked potato.

Shortbread biscuit/ fruit/ yoghurt.

Ice cream tub/ fruit/ yoghurt.

Flakemeal biscuit/fruit/yoghurt.

Chocolate cookie/fruit/yoghurt.

Raspberry jelly/ice cream/fruit/yoghurt.